

Colonies Zone Short Course Yards Championship

RELAY FORM

Turn in relay forms **BEFORE 10am** each day, or Friday night

Circle Relay Name:

Saturday's Relays

- # 9 Mixed 400 Free (shallow end)
- # 11 Mixed 200 Medley (shallow end)

- # 25 Women's 800 Free (shallow end)
- # 26 Men's 800 Free (deep end)
- # 27 Women's 400 Medley (shallow end)
- # 28 Men's 400 Medley (deep end)
- # 29 Women's 200 Free (shallow end)
- # 30 Men's 200 Free (deep end)

Sunday's Relays

- # 35 Mixed 800 Free (shallow end)
- # 37 Mixed 400 Medley (shallow end)
- # 39 Mixed 200 Free (shallow end)

- # 53 Women's 400 Free (deep end)
- # 54 Men's 400 Free (shallow end)
- # 55 Women's 200 Medley (deep end)
- # 56 Men's 200 Medley (shallow end)

Club Abbreviation: _____

Relay designator ("A" , "B" , "C" or "D"): _____

Age group (18+, 25+, 35+, 45+, 55+, 65+): _____
(age group of youngest relay swimmer)

Entry Time: _____

Swimmers (in correct order):

1. _____
2. _____
3. _____
4. _____

Enclose \$10 per relay team

Mail to:

**Cheryl Ward
14307 Summer Tree Rd, Apt H
Centreville, VA 20121**

Check payable to: Patriot Masters